## AFTERCARE INSTRUCTIONS

Immediately upon leaving your lash appointment, you can shower, swim, go in the sauna or do hot yoga.

No picking, no pulling or excessive rubbing. This can cause damage to natural lashes and may lead to premature shedding of your extensions.

Brush and fluff extensions every morning with a mascara wand and night to reduce tangling and flipping of the extensions. Do not brush lashes while wet.

If you can help it, refrain from sleeping face down. Invest in a silk pillowcase if you toss and turn

Stay away from strong heat such as barbecues or ovens

Avoid solvent-like ingredients such as glycols and carbonates. These ingredients are going to shorten the adhesive hold and cause poor retention. Products such as sunscreen, concealer or eye creams should not be applied on the lash line. Always review the label of your skincare products to make sure you won't introduce an ingredient that will shorten the wear time of your lashes.

Use only mascara by NovaLash on your lash extensions to blend in natural lashes with extensions when a touch-up appointment is needed. This water-soluble, hypoallergenic formula was developed specifically for NovaLash Eyelash Extensions. Waterproof mascara and eyeliner should not be used.

NovaLash adhesives love oil so using pomegranate seed based cleanLASH pads nightly to remove eye makeup, cleanse the eye area and condition the adhesive.

Visit your professional lash stylist for touch-ups monthly or when your notice about 50% of extensions have grown out.

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